
araq
Life Skills
Video Practice
Stand Out 3 Unit 1

Ask your students the following questions to introduce the topic of the video they will watch.



A **BEFORE** **Discuss the questions with a partner.**

1. Tell your partner your schedule next week. Who has a busier schedule?
2. Where is your favorite place to study? Why?

Silent Viewing: Show the video in segments without sound so students can guess at the story line.

WATCH THE VIDEO WITHOUT SOUND AND TRY TO GUESS THE STORY.



Second Viewing: Show the video again so students can check predictions.

WATCH THE VIDEO WITH SOUND AND TRY TO RETELL THE STORY.



Ask your students to watch the video and complete the activity. Replay the video if needed.



B **WHILE** **Watch the video and complete the parts of the conversation.**

Naomi: Treat your studies in the same way, and your grades will (1) improve.

Hector: That's a great (2) _____, thanks.

Naomi: If you get (3) _____, you'll feel more productive.

Hector: (4) _____ give it a try. What have I got to lose, right?

Check the correct answers with students.



B **WHILE** **Watch the video and complete the parts of the conversation.**

Naomi: Treat your studies in the same way, and your grades will (1) improve.

Hector: That's a great (2) suggestion, thanks.

Naomi: If you get (3) organized, you'll feel more productive.

Hector: (4) I'll give it a try. What have I got to lose, right?

Ask your students to watch the video and complete the activity. Replay the video if needed.



C **AFTER** **Circle the correct word to complete each sentence.**

1. There's too much noise and it's difficult for Hector to (communicate / concentrate).
2. Naomi suggests that Hector should (make time / write down) where and when he's going to study.
3. Naomi tells Hector a schedule will make him (productive / smarter).

Check the correct answers with students.



C **AFTER** **Circle the correct word to complete each sentence.**

1. There's too much noise and it's difficult for Hector to (communicate / concentrate).
2. Naomi suggests that Hector should (make time / write down) where and when he's going to study.
3. Naomi tells Hector a schedule will make him (productive / smarter).

Select students. Have partners take turns performing the task. Check and correct anywhere possible.



IN GROUPS, TALK ABOUT YOUR STUDY HABITS AND SCHEDULES. WHERE DO YOU STUDY? DO YOU PLAN YOUR HOURS OF STUDY OR DO YOU DO IT “ON THE FLY”? WHAT MAKES IT HARD FOR YOU TO CONCENTRATE?

UNIT 1 My Schedule Is Crazy

Mrs. Sanchez: Hi, sweetie. How's the studying going? **Hector:** To tell you the truth, ma, not very well. **Mrs. Sanchez:** Really? What's the problem? Did you miss some of the assignments? **Hector:** No, ma. The problem is the noise. There's so much noise I can't concentrate. **Mrs. Sanchez:** Oh, I'm sorry. But you know your father, he thinks he can't hear. So he turns the volume up all the way! **Hector:** I know. It's just hard to concentrate, that's all. **Mrs. Sanchez:** OK. We'll try to keep it down. Victor! turn that television down. Your son is trying to study. **Hector:** Hello? **Naomi:** Is that you, Hector? What's wrong? **Hector:** Nothing. It's just that I was trying to study! **Naomi:** Well, excuse me! You must be having a bad day. **Hector:** Yeah, sort of. I have to study in my kitchen. **Naomi:** What's the problem with that? **Hector:** My parents! They love to watch TV with the volume turned all the way up. It's hard to concentrate. **Naomi:** Sounds like you need a quieter place. **Hector:** Yeah, you could say that again. **Naomi:** What about studying at the library? **Hector:** That's a great idea. But when? My schedule is crazy. **Naomi:** So is mine. That's why it's even more important to be organized. **Hector:** How do you do it? **Naomi:** For one thing, I actually write down a schedule. **Hector:** You write a schedule showing when and where you're going to study? **Naomi:** Yes, I really do. It helps a lot. On Tuesdays and Thursdays, for example, I study at the library from 4 to 6. On Friday mornings, I study here, at home. I follow the same schedule every week, no matter what. **Hector:** It's almost like having a job. **Naomi:** It *is* like having a job. That's a good way of putting it. You wouldn't be late for a job, would you? **Hector:** Of course not! **Naomi:** And you wouldn't skip a day of work, either. Treat your studies in the same way, and your grades will improve. **Hector:** That's a great suggestion, thanks. **Naomi:** Well, now you know what you have to do. So, go do it! If you get organized you'll feel more productive. Trust me. **Hector:** I'll give it a try. What have I got to lose, right? **Naomi:** Good luck. Tell me how it's going later on. **Hector:** I will. Talk to you later. **Hector:** Hey, Naomi. What's up? **Naomi:** Oh, I forgot to mention one really important point. **Hector:** Really? What's that? **Naomi:** Don't forget to make time for your friends too! **Hector:** That was at the top of my list!